

Automation Nirvana

If the way you lived your life today was captured and recorded for review by complete strangers to get an impression about who you are, would the things you do be a reflection of how you want your life reflected to others?

If not, then 'pay attention', as Steve Morton often quips. In episode 15, the gruesome twosome discuss the joys, yes, I repeat, the joys of routine development. Hold on to your dull-o-meters, because Automation Nirvana is on, like Donkey Kong.

If you have ideas for future episodes please send them to steve at philofaxy dot com

Show Notes (timings approximate)

00:00 - Introduction

02:00 - Processes

03:30 - Setting up processes

04:15 - Processes within your planner

06:30 - Contexts

07:30 - Daily routines

09:00 - Clutter

09:45 - Home planner

10:15 - Organising your life

13:00 - Collecting or using

13:45 - Automating processes around the home

15:00 - Grouping things together

16:00 - Gathering together your emergency bag

18:20 - Recording your planner collection

20:00 - Clutter when reviewing

22:00 - Clear Desk Policy

23:00 - Indexing your planner

24:30 - Home Inventory

28:00 - Tips of the week