

Letting your planner take the strain.

Our planners of what ever kind can help us through our busy days. They can help us to remember things, record our activities and generally take the strain out of living in the modern world with all of its demands on our time.

If you have ideas for future episodes, please send them to steve at philofaxy dot com

Show Notes (timings approximate)

00:00 - Introductions.

03:20 - [The Minimalists Podcast on You Tube](#).

04:00 - Blank pages.

05:00 - Not using your planner but still functioning some how?

07:45 - [Casey Neistat](#)

08:00 - Keeping the minimal amount of things on your calendar.

09:00 - Reducing the contents of your planner.

10:30 - Keeping it simple.

12:00 - Finding the equilibrium point.

17:00 - Gathering your thoughts at some point in the week.

20:00 - Multi-Tasking

26:00 - Don't attempt to plan too many things in any one day.

28:00 - Tip