

Week on two pages

2026

29-4

December 2025 /
January 2026

This week

December

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	-	-	-	-
-	-

Mon 29	Tue 30	Wed 31	Thu 1
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

29-4

December 2025 /
January 2026

Fri 2	Sat 3	Sun 4	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

5-11

January 2026

This week

January

M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

Mon 5	Tue 6	Wed 7	Thu 8
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

5-11

January 2026

Fri 9	Sat 10	Sun 11	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

12-18

This week

January						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

January 2026

Mon 12	Tue 13	Wed 14	Thu 15
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

12-18

January 2026

Fri 16	Sat 17	Sun 18	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

19-25

This week

January						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

January 2026

Mon 19	Tue 20	Wed 21	Thu 22
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

19-25

January 2026

Fri 23	Sat 24	Sun 25	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

26-1

January 2026 /
February 2026

This week

January

M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	.
-	-

Mon 26	Tue 27	Wed 28	Thu 29
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

26-1

January 2026 /
February 2026

Fri 30	Sat 31	Sun 1	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

2-8

February 2026

This week

February

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

Mon 2	Tue 3	Wed 4	Thu 5
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Fri 6	Sat 7	Sun 8	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

9-15

February 2026

This week

February

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

Mon 9	Tue 10	Wed 11	Thu 12
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

9-15

February 2026

Fri 13	Sat 14	Sun 15	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

16-22

This week

February						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

February 2026

Mon 16	Tue 17	Wed 18	Thu 19
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

16-22

February 2026

Fri 20	Sat 21	Sun 22	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

23-1

February 2026 /
March 2026

This week

February

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	-
-	-

Mon 23	Tue 24	Wed 25	Thu 26
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

23-1

February 2026 /
March 2026

Fri 27	Sat 28	Sun 1	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

2-8

March 2026

This week

March

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 2	Tue 3	Wed 4	Thu 5
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

2-8

March 2026

Fri 6	Sat 7	Sun 8	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

9-15

March 2026

This week

March

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 9	Tue 10	Wed 11	Thu 12
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

9-15

March 2026

Fri 13	Sat 14	Sun 15	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

16-22

This week

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

March 2026

Mon 16	Tue 17	Wed 18	Thu 19
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

16-22

March 2026

Fri 20	Sat 21	Sun 22	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

23-29

This week

March						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

March 2026

Mon 23	Tue 24	Wed 25	Thu 26
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

23-29

March 2026

Fri 27	Sat 28	Sun 29	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

30-5

March 2026 /
April 2026

This week

March

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 30	Tue 31	Wed 1	Thu 2
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

30-5

March 2026 /
April 2026

Fri 3	Sat 4	Sun 5	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

6-12

This week

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

April 2026

Mon 6	Tue 7	Wed 8	Thu 9
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

6-12

April 2026

Fri 10	Sat 11	Sun 12	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

13-19

This week

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

April 2026

Mon 13	Tue 14	Wed 15	Thu 16
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

13-19

April 2026

Fri 17	Sat 18	Sun 19	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

20-26

This week

April						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

April 2026

Mon 20	Tue 21	Wed 22	Thu 23
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

20-26

April 2026

Fri 24	Sat 25	Sun 26	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

27-3

April 2026 /
May 2026

This week

April

M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	-	-	-
-	-

Mon 27	Tue 28	Wed 29	Thu 30
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

27-3

April 2026 /
May 2026

Fri 1	Sat 2	Sun 3	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

4-10

This week

May 2026

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

Mon 4	Tue 5	Wed 6	Thu 7
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	-	-	-	-	-
-	-

4-10

May 2026

Fri 8	Sat 9	Sun 10	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

11-17

This week

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

May 2026

Mon 11	Tue 12	Wed 13	Thu 14
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	-	-	-	-	-
-	-

11-17

May 2026

Fri 15	Sat 16	Sun 17	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

18-24

This week

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

May 2026

Mon 18	Tue 19	Wed 20	Thu 21
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	-	-	-	-	-
-	-

18-24

May 2026

Fri 22	Sat 23	Sun 24	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

25-31

This week

May						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

May 2026

Mon 25	Tue 26	Wed 27	Thu 28
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	-	-	-	-	-
-	-

25-31

May 2026

Fri 29	Sat 30	Sun 31	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

1-7

June 2026

This week

June

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30
-	-

Mon 1	Tue 2	Wed 3	Thu 4
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

1-7

June 2026

Fri 5	Sat 6	Sun 7	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

8-14

June 2026

This week

June

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30
-	-

Mon 8	Tue 9	Wed 10	Thu 11
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

8-14

June 2026

Fri 12	Sat 13	Sun 14	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

15-21

This week

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30
-	-

June 2026

Mon 15	Tue 16	Wed 17	Thu 18
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

15-21

June 2026

Fri 19	Sat 20	Sun 21	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

22-28

This week

June						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30
-	-

June 2026

Mon 22	Tue 23	Wed 24	Thu 25
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

22-28

June 2026

Fri 26	Sat 27	Sun 28	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

29-5

June 2026 /
July 2026

This week

June

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30
-	-

Mon 29	Tue 30	Wed 1	Thu 2
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

29-5

June 2026 /
July 2026

Fri 3	Sat 4	Sun 5	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

6-12

July 2026

This week

July

M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

Mon 6	Tue 7	Wed 8	Thu 9
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

6-12

July 2026

Fri 10	Sat 11	Sun 12	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

13-19

This week

July 2026

July

M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

Mon 13	Tue 14	Wed 15	Thu 16
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

13-19

July 2026

Fri 17	Sat 18	Sun 19	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

20-26

This week

July						
M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

July 2026

Mon 20	Tue 21	Wed 22	Thu 23
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

20-26

July 2026

Fri 24	Sat 25	Sun 26	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

27-2

July 2026 /
August 2026

This week

July

M	T	W	T	F	S	S
-	-	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	-	-
-	-

Mon 27	Tue 28	Wed 29	Thu 30
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

27-2

July 2026 /
August 2026

Fri 31	Sat 1	Sun 2	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

3-9

August 2026

This week

August

M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

Mon 3	Tue 4	Wed 5	Thu 6
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

3-9

August 2026

Fri 7	Sat 8	Sun 9	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

10-16

This week

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

August 2026

Mon 10	Tue 11	Wed 12	Thu 13
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	-	-	-	-
-	-

10-16

August 2026

Fri 14	Sat 15	Sun 16	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

17-23

This week

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

August 2026

Mon 17	Tue 18	Wed 19	Thu 20
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	-	-	-	-
-	-

17-23

August 2026

Fri 21	Sat 22	Sun 23	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

24-30

This week

August						
M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

August 2026

Mon 24	Tue 25	Wed 26	Thu 27
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

24-30

August 2026

Fri 28	Sat 29	Sun 30	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

31-6

August 2026 /
September 2026

This week

August

M	T	W	T	F	S	S
-	-	-	-	-	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	-

Mon 31	Tue 1	Wed 2	Thu 3
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

31-6

August 2026 /
September 2026

Fri 4	Sat 5	Sun 6	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

7-13

September 2026

This week

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

Mon 7	Tue 8	Wed 9	Thu 10
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

7-13

September 2026

Fri 11	Sat 12	Sun 13	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

14-20

This week

September 2026

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

Mon 14	Tue 15	Wed 16	Thu 17
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

14-20

September 2026

Fri 18	Sat 19	Sun 20	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

21-27

This week

September 2026

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

Mon 21	Tue 22	Wed 23	Thu 24
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

21-27

September 2026

Fri 25	Sat 26	Sun 27	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

28-4

September 2026 /
October 2026

This week

September

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30
-	-

Mon 28	Tue 29	Wed 30	Thu 1
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

28-4

September 2026 /
October 2026

Fri 2	Sat 3	Sun 4	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

5-11

October 2026

This week

October

M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

Mon 5	Tue 6	Wed 7	Thu 8
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

5-11

October 2026

Fri 9	Sat 10	Sun 11	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

12-18

This week

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

October 2026

Mon 12	Tue 13	Wed 14	Thu 15
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

12-18

October 2026

Fri 16	Sat 17	Sun 18	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

19-25

This week

October						
M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	-
-	-

October 2026

Mon 19	Tue 20	Wed 21	Thu 22
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

19-25

October 2026

Fri 23	Sat 24	Sun 25	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

26-1

October 2026 /
November 2026

This week

October

M	T	W	T	F	S	S
-	-	-	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	.
-	-

Mon 26	Tue 27	Wed 28	Thu 29
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

26-1

October 2026 /
November 2026

Fri 30	Sat 31	Sun 1	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

2-8

November 2026

This week

November

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

Mon 2	Tue 3	Wed 4	Thu 5
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

2-8

November 2026

Fri 6	Sat 7	Sun 8	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

9-15

November 2026

This week

November

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

Mon 9	Tue 10	Wed 11	Thu 12
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

9-15

November 2026

Fri 13	Sat 14	Sun 15	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

16-22

This week

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

November 2026

Mon 16	Tue 17	Wed 18	Thu 19
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

16-22

November 2026

Fri 20	Sat 21	Sun 22	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

23-29

This week

November						
M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

November 2026

Mon 23	Tue 24	Wed 25	Thu 26
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

23-29

November 2026

Fri 27	Sat 28	Sun 29	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

30-6

November 2026 /
December 2026

This week

November

M	T	W	T	F	S	S
-	-	-	-	-	-	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	-

Mon 30	Tue 1	Wed 2	Thu 3
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

30-6

November 2026 /
December 2026

Fri 4	Sat 5	Sun 6	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

7-13

December 2026

This week

December

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

Mon 7	Tue 8	Wed 9	Thu 10
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

7-13

December 2026

Fri 11	Sat 12	Sun 13	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

14-20

December 2026

This week

December

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

Mon 14	Tue 15	Wed 16	Thu 17
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

14-20

December 2026

Fri 18	Sat 19	Sun 20	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

21-27

This week

December 2026

December

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

Mon 21	Tue 22	Wed 23	Thu 24
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

21-27

December 2026

Fri 25	Sat 26	Sun 27	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

28-3

December 2026 /
January 2027

This week

December

M	T	W	T	F	S	S
-	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	-	-	-
-	-

Mon 28	Tue 29	Wed 30	Thu 31
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
-	-	-	-	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
-	-

28-3

December 2026 /
January 2027

Fri 1	Sat 2	Sun 3	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	