

Week on two pages

2023

26-1

December 2022 /
January 2023

This week

December

M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	.
.

Mon 26	Tue 27	Wed 28	Thu 29
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

26-1

December 2022 /
January 2023

Fri 30	Sat 31	Sun 1	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

2-8

January 2023

This week

January

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 2	Tue 3	Wed 4	Thu 5
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

2-8

January 2023

Fri 6	Sat 7	Sun 8	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

9-15

January 2023

This week

January

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 9	Tue 10	Wed 11	Thu 12
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

9-15

January 2023

Fri 13	Sat 14	Sun 15	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

16-22

January 2023

This week

January

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 16	Tue 17	Wed 18	Thu 19
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

16-22

January 2023

Fri 20	Sat 21	Sun 22	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

23-29

January 2023

This week

January

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 23	Tue 24	Wed 25	Thu 26
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
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23-29

January 2023

Fri 27	Sat 28	Sun 29	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

30-5

January 2023 /
February 2023

This week

January

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 30	Tue 31	Wed 1	Thu 2
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

February						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

30-5

January 2023 /
February 2023

Fri 3	Sat 4	Sun 5	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

6-12

February 2023

This week

February

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

Mon 6	Tue 7	Wed 8	Thu 9
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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6-12

February 2023

Fri 10	Sat 11	Sun 12	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

13-19

This week

February

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
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February 2023

Mon 13	Tue 14	Wed 15	Thu 16
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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13-19

February 2023

Fri 17	Sat 18	Sun 19	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

20-26

This week

February

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
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February 2023

Mon 20	Tue 21	Wed 22	Thu 23
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

March						
M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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20-26

February 2023

Fri 24	Sat 25	Sun 26	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

27-5

February 2023 /
March 2023

This week

February

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28
.

Mon 27	Tue 28	Wed 1	Thu 2
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

6-12

March 2023

This week

March

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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Mon 6	Tue 7	Wed 8	Thu 9
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
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6-12

March 2023

Fri 10	Sat 11	Sun 12	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

13-19

March 2023

This week

March

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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Mon 13	Tue 14	Wed 15	Thu 16
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

13-19

March 2023

Fri 17	Sat 18	Sun 19	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

20-26

March 2023

This week

March

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
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Mon 20	Tue 21	Wed 22	Thu 23
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April						
M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

20-26

March 2023

Fri 24	Sat 25	Sun 26	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

27-2

March 2023 /
April 2023

This week

March

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	.	.
.

Mon 27	Tue 28	Wed 29	Thu 30
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
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27-2

March 2023 /
April 2023

Fri 31	Sat 1	Sun 2	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

3-9

April 2023

This week

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

Mon 3	Tue 4	Wed 5	Thu 6
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

3-9

April 2023

Fri 7	Sat 8	Sun 9	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

10-16

April 2023

This week

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

Mon 10	Tue 11	Wed 12	Thu 13
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

10-16

April 2023

Fri 14	Sat 15	Sun 16	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

17-23

This week

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

April 2023

Mon 17	Tue 18	Wed 19	Thu 20
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

17-23

April 2023

Fri 21	Sat 22	Sun 23	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

24-30

April 2023

This week

April

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
.

Mon 24	Tue 25	Wed 26	Thu 27
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

May						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

24-30

April 2023

Fri 28	Sat 29	Sun 30	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

1-7

May 2023

This week

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

Mon 1	Tue 2	Wed 3	Thu 4
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
.

1-7

May 2023

Fri 5	Sat 6	Sun 7	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

8-14

May 2023

This week

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

Mon 8	Tue 9	Wed 10	Thu 11
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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8-14

May 2023

Fri 12	Sat 13	Sun 14	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

15-21

May 2023

This week

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

Mon 15	Tue 16	Wed 17	Thu 18
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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15-21

May 2023

Fri 19	Sat 20	Sun 21	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

22-28

This week

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

May 2023

Mon 22	Tue 23	Wed 24	Thu 25
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

22-28

May 2023

June						
M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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Fri 26	Sat 27	Sun 28	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

29-4

May 2023 /
June 2023

This week

May

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

Mon 29	Tue 30	Wed 31	Thu 1
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

June						
M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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29-4

May 2023 /
June 2023

Fri 2	Sat 3	Sun 4	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

5-11

June 2023

This week

June

M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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Mon 5	Tue 6	Wed 7	Thu 8
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

5-11

June 2023

Fri 9	Sat 10	Sun 11	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

12-18

June 2023

This week

June

M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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Mon 12	Tue 13	Wed 14	Thu 15
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

12-18

June 2023

Fri 16	Sat 17	Sun 18	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

19-25

June 2023

This week

June

M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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Mon 19	Tue 20	Wed 21	Thu 22
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

19-25

June 2023

Fri 23	Sat 24	Sun 25	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

26-2

June 2023 /
July 2023

This week

June

M	T	W	T	F	S	S
.	.	.	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	.	.
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Mon 26	Tue 27	Wed 28	Thu 29
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

July						
M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

26-2

June 2023 /
July 2023

Fri 30	Sat 1	Sun 2	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

3-9

July 2023

This week

July

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

Mon 3	Tue 4	Wed 5	Thu 6
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

3-9

July 2023

Fri 7	Sat 8	Sun 9	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

10-16

July 2023

This week

July

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

Mon 10	Tue 11	Wed 12	Thu 13
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

17-23

July 2023

This week

July

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

Mon 17	Tue 18	Wed 19	Thu 20
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

24-30

July 2023

This week

July

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

Mon 24	Tue 25	Wed 26	Thu 27
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

24-30

July 2023

Fri 28	Sat 29	Sun 30	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

31-6

July 2023 /
August 2023

This week

July

M	T	W	T	F	S	S
.	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31

Mon 31	Tue 1	Wed 2	Thu 3
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

31-6

July 2023 /
August 2023

Fri 4	Sat 5	Sun 6	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

7-13

August 2023

This week

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

Mon 7	Tue 8	Wed 9	Thu 10
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

7-13

August 2023

Fri 11	Sat 12	Sun 13	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

14-20

This week

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

August 2023

Mon 14	Tue 15	Wed 16	Thu 17
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

21-27

This week

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

August 2023

Mon 21	Tue 22	Wed 23	Thu 24
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September						
M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

21-27

August 2023

Fri 25	Sat 26	Sun 27	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

28-3

August 2023 /
September 2023

This week

August

M	T	W	T	F	S	S
.	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	.	.	.
.

Mon 28	Tue 29	Wed 30	Thu 31
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

28-3

August 2023 /
September 2023

Fri 1	Sat 2	Sun 3	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

4-10

September 2023

This week

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

Mon 4	Tue 5	Wed 6	Thu 7
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

4-10

September 2023

Fri 8	Sat 9	Sun 10	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

11-17

September 2023

This week

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

Mon 11	Tue 12	Wed 13	Thu 14
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

11-17

September 2023

Fri 15	Sat 16	Sun 17	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

18-24

September 2023

This week

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

Mon 18	Tue 19	Wed 20	Thu 21
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

October						
M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

18-24

September 2023

Fri 22	Sat 23	Sun 24	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

25-1

September 2023 /
October 2023

This week

September

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	.
.

Mon 25	Tue 26	Wed 27	Thu 28
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

2-8

October 2023

This week

October

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 2	Tue 3	Wed 4	Thu 5
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

2-8

October 2023

Fri 6	Sat 7	Sun 8	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

9-15

October 2023

This week

October

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 9	Tue 10	Wed 11	Thu 12
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

9-15

October 2023

Fri 13	Sat 14	Sun 15	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

16-22

October 2023

This week

October

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 16	Tue 17	Wed 18	Thu 19
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

16-22

October 2023

Fri 20	Sat 21	Sun 22	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

23-29

October 2023

This week

October

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 23	Tue 24	Wed 25	Thu 26
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

23-29

October 2023

Fri 27	Sat 28	Sun 29	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

30-5

October 2023 /
November 2023

This week

October

M	T	W	T	F	S	S
.	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31

Mon 30	Tue 31	Wed 1	Thu 2
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

6-12

November 2023

This week

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

Mon 6	Tue 7	Wed 8	Thu 9
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

13-19

November 2023

This week

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

Mon 13	Tue 14	Wed 15	Thu 16
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

13-19

November 2023

Fri 17	Sat 18	Sun 19	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

20-26

November 2023

This week

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

Mon 20	Tue 21	Wed 22	Thu 23
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December						
M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

20-26

November 2023

Fri 24	Sat 25	Sun 26	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

27-3

November 2023 /
December 2023

This week

November

M	T	W	T	F	S	S
.	.	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	.	.	.
.

Mon 27	Tue 28	Wed 29	Thu 30
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

December

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

27-3

November 2023 /
December 2023

Fri 1	Sat 2	Sun 3	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

4-10

December 2023

This week

December

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

Mon 4	Tue 5	Wed 6	Thu 7
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

4-10

December 2023

Fri 8	Sat 9	Sun 10	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

11-17

December 2023

This week

December

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

Mon 11	Tue 12	Wed 13	Thu 14
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

11-17

December 2023

Fri 15	Sat 16	Sun 17	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

18-24

December 2023

This week

December

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

Mon 18	Tue 19	Wed 20	Thu 21
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

January						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31
.

18-24

December 2023

Fri 22	Sat 23	Sun 24	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

25-31

December 2023

This week

December

M	T	W	T	F	S	S
.	.	.	.	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
.

Mon 25	Tue 26	Wed 27	Thu 28
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

This week

M T W T F S S

Mon	Tue	Wed	Thu
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

Fri	Sat	Sun	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

This week

M T W T F S S

Mon	Tue	Wed	Thu
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

Fri	Sat	Sun	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

This week

M T W T F S S

Mon	Tue	Wed	Thu
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

Fri	Sat	Sun	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

This week

M T W T F S S

Mon	Tue	Wed	Thu
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

Fri	Sat	Sun	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	

This week

M T W T F S S

Mon	Tue	Wed	Thu
Morning	Morning	Morning	Morning
Afternoon	Afternoon	Afternoon	Afternoon
Evening	Evening	Evening	Evening

Fri	Sat	Sun	Notes
Morning	Morning	Morning	
Afternoon	Afternoon	Afternoon	
Evening	Evening	Evening	