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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 30-5 | |  | | --- | | This week | |  | |  | |  | |  | | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **December** | | | | | | | | M | T | W | T | F | S | S | | \_ | \_ | \_ | \_ | \_ | \_ | 1 | | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | 16 | 17 | 18 | 19 | 20 | 21 | 22 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | | 30 | 31 | ∙ | ∙ | ∙ | ∙ | ∙ | |
| December 2024  /  January 2025 |

|  |  |  |  |
| --- | --- | --- | --- |
|  | | | |
| Mon 30 | Tue 31 | Wed 1 | Thu 2 | |
| **Morning** | **Morning** | **Morning** | **Morning** | |
|  |  |  |  | |
| **Afternoon** | **Afternoon** | **Afternoon** | **Afternoon** | |
|  |  |  |  | |
| **Evening** | **Evening** | **Evening** | **Evening** | |
|  |  |  |  | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | **January** | | | | | | | | M | T | W | T | F | S | S | | \_ | \_ | 1 | 2 | 3 | 4 | 5 | | 6 | 7 | 8 | 9 | 10 | 11 | 12 | | 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 27 | 28 | 29 | 30 | 31 | \_ | \_ | | \_ | \_ | ∙ | ∙ | ∙ | ∙ | ∙ | | 30-5 |
| December 2024  /  January 2025 |

|  |  |  |  |
| --- | --- | --- | --- |
|  | | | |
| Fri 3 | Sat 4 | Sun 5 | Notes |
| **Morning** | **Morning** | **Morning** |  |
|  |  |  |
| **Afternoon** | **Afternoon** | **Afternoon** |
|  |  |  |
| **Evening** | **Evening** | **Evening** |
|  |  |  |