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| 30-5 |

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| This week |
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| **December** |
| M | T | W | T | F | S | S |
| \_ | \_ | \_ | \_ | \_ | \_ | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | ∙ | ∙ | ∙ | ∙ | ∙ |

 |
| December 2024 /January 2025 |

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|  |
| Mon 30 | Tue 31 | Wed 1 | Thu 2 |
| **Morning** | **Morning** | **Morning** | **Morning** |
|  |  |  |  |
| **Afternoon** | **Afternoon** | **Afternoon** | **Afternoon** |
|  |  |  |  |
| **Evening** | **Evening** | **Evening** | **Evening** |
|  |  |  |  |

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| --- |
| **January** |
| M | T | W | T | F | S | S |
| \_ | \_ | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | \_ | \_ |
| \_ | \_ | ∙ | ∙ | ∙ | ∙ | ∙ |

 | 30-5 |
| December 2024 /January 2025 |

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|  |
| Fri 3 | Sat 4 | Sun 5 | Notes |
| **Morning** | **Morning** | **Morning** |  |
|  |  |  |
| **Afternoon** | **Afternoon** | **Afternoon** |
|  |  |  |
| **Evening** | **Evening** | **Evening** |
|  |  |  |