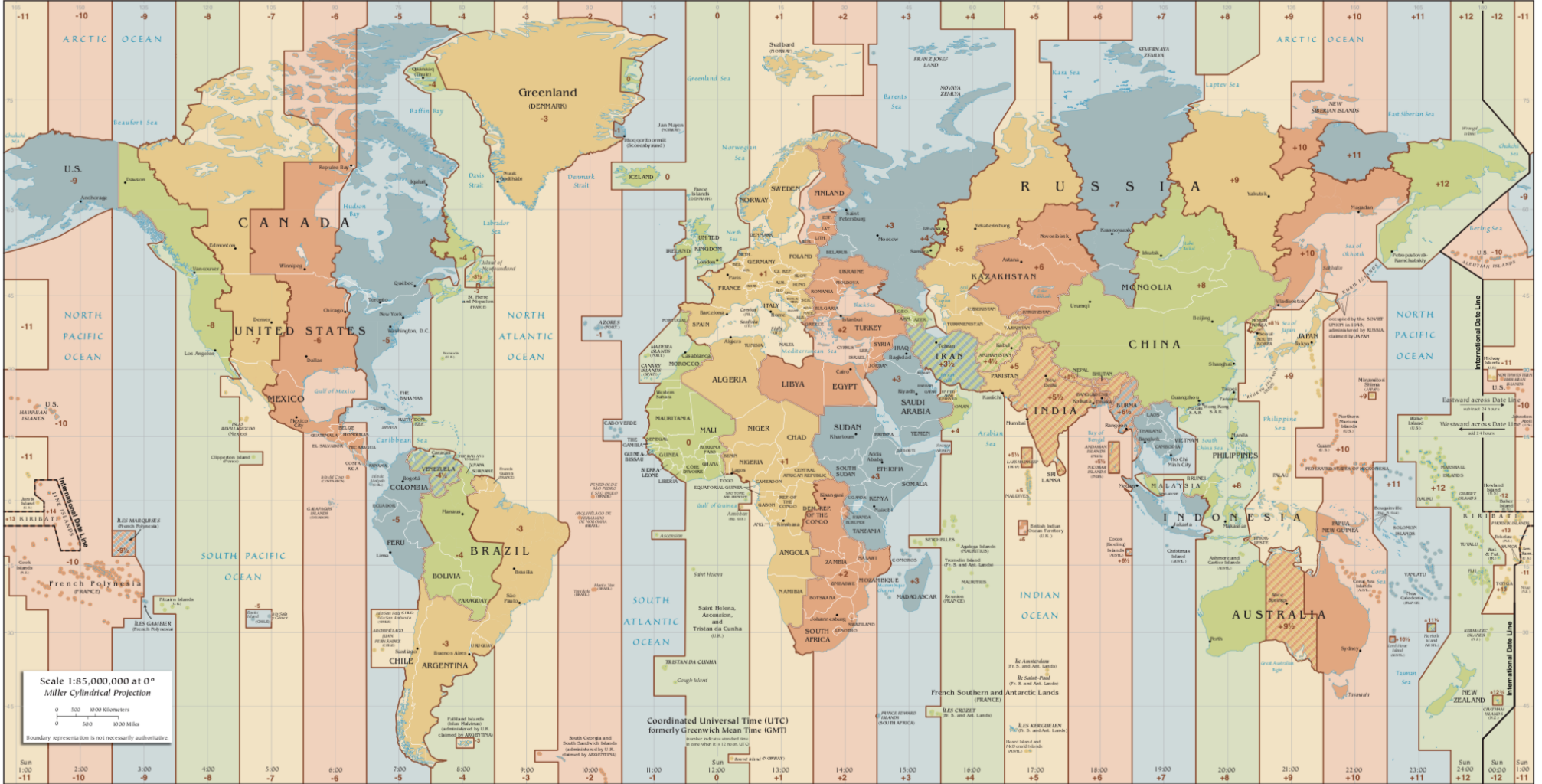


STANDARD TIME ZONES OF THE WORLD, OCTOBER 2015



Coordinated Universal Time (UTC) formerly Greenwich Mean Time (GMT)

WEST EAST

Add time zone number to local time to obtain UTC. Subtract time zone number from local time to obtain UTC.

Sun	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00	11:00	Sun	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	Sun	24:00	Sun	1:00	Sun						
-11	-10	-9	-8	-7	-6	-5	-4	-3	-2	-1	0	+1	+2	+3	+4	+5	+6	+7	+8	+9	+10	+11	+12	+13	+14	+15	+16	+17	+18	+19	+20	+21	+22	+23	+24