

## Listeners Question.

Cara Jonkers asked in the [Plannerology Facebook Group](#) " I would love an episode on how Steve's planning habits / process has changed over the life of the podcasts.

I know you touch on it in most episodes - but the journey to get to where he is now in one podcast I think would be helpful and insightful."

So I was not prepared for this, but I hope that I answered Cara's question well enough.

If you have ideas for future episodes please send them to steve at philofaxy dot com

### Show Notes (timings approximate)

00:00 - Introductions

01:00 - The question....

02:30 - Have my planning habits changed?

04:30 - The changes through the year

06:30 - Getting things written down

08:00 - Time Bank

08:30 - [Time Investment](#) article in Paper Planning Magazine

09:15 - Splitting your time during the day

10:00 - Motivation

11:00 - Steve's other voluntary work ([RSGB ETCC](#))

15:00 - Project management

16:30 - Dual calendars for Home and Work

17:30 - Going over to one organiser instead of two, the arrival of the [A5 Heritage](#)

19:20 - [A6 Time Management Inserts](#)

20:00 - What am I using/looking at on a regular basis?

21:00 - Not always carrying my planner away from home!

22:00 - Carrying an A5 all the time

23:00 - Try and pick your size wisely

25:00 - 2017 inserts ready

25:30 - Contextualising tasks and how I use my inserts

27:00 - Regular reviews

28:00 - Podcast workflow

29:00 - Final thoughts