

## Guest interview - Ray Blake

In this episode we welcome Ray Blake who is a major contributor to the planner community in the form of his planner inserts which he does with Steve and the ones he does for travellers notebooks as well.

Ray describes how he uses his Travellers Notebook on a daily basis

If you have ideas for future episodes please send them to steve at philofaxy dot com

### Show Notes (timings approximate)

00:00 - Introductions

01:00 - The meeting!

02:40 - Travellers Notebook sizes and their evolution.

07:40 - [Cutting notebooks to size](#) (video)

08:00 - [Making your own TN inserts](#)

09:15 - What Ray uses for planning

12:30 - The three things, Planner, Todo, Notes

13:45 - Journalling

16:30 - [Ray's Journalling Book](#)

17:00 - Pens

20:00 - Carry it, write in it and read it.

23:00 - Best time for ideas

24:00 - Last minute at night notes

26:45 - Notebook archive and database

28:00 - Tip of the week

29:00 - [Midori Travellers Resources Facebook Group](#)

30:00 - Always start with plain paper