## **Tones versus Pulses.**

Using both digital planning and analogue planning at the same time can cause people a lot of angst.

How can people use both forms of planning in their every day life?

If you have ideas for future episodes please send them to steve at philofaxy dot com

## **Show Notes** (timings approximate)

- 00:00 Introduction
- 02:30 The resurgence in paper planning!
- 04:00 Which is the quicker to use?
- 04:45 It is possible to use both type to run your life or different parts of your life
- 06:00 Demarkation between both systems
- 07:00 Tasks
- 08:00 What app to use?
- 10:45 How many tasks do you need to write down or need reminding of.
- 13:00 Tasks that separated by context.
- 14:00 Duplication of information.
- 16:00 Temptation
- 19:00 What should go on paper and what should you put on a digital system.
- 22:00 Paper tickets
- 25:00 Something might happen that will radically change your planning method
- 29:00 Technology used.