

## **The Magic of Contextualising Your Life**

Using contexts in projects and in planning. With plenty of examples from doing household tasks to building aircraft!

If you have ideas for future episodes please send them to [steve at philofaxy dot com](mailto:steve@philofaxy.com)

### **Show Notes** (timings approximate)

00:00 - Introductions

01:00 - Defining your plans

02:00 - Breaking down projects

04:00 - Plan on paper

06:00 - Serial or parallel tasks

09:00 - Split your projects up in to different contexts

12:00 - Colour coding

14:00 - Making the most of spare time

16:00 - A holiday as a project

21:00 - Planned vs Real and the impact of a slipping or missing a target

25:00 - Reviewing a project after it has completed

27:00 - Using contexts to help us achieve peace in your life