

Automation Nirvana

If the way you lived your life today was captured and recorded for review by complete strangers to get an impression about who you are, would the things you do be a reflection of how you want your life reflected to others?

If not, then 'pay attention', as Steve Morton often quips. In episode 15, the gruesome twosome discuss the joys, yes, I repeat, the joys of routine development. Hold on to your dull-o-meters, because Automation Nirvana is on, like Donkey Kong.

If you have ideas for future episodes please send them to steve at philofaxy dot com

Show Notes (timings approximate)

- 00:00 - Introduction
- 02:00 - Processes
- 03:30 - Setting up processes
- 04:15 - Processes within your planner
- 06:30 - Contexts
- 07:30 - Daily routines
- 09:00 - Clutter
- 09:45 - Home planner
- 10:15 - Organising your life
- 13:00 - Collecting or using
- 13:45 - Automating processes around the home
- 15:00 - Grouping things together
- 16:00 - Gathering together your emergency bag
- 18:20 - Recording your planner collection
- 20:00 - Clutter when reviewing
- 22:00 - Clear Desk Policy
- 23:00 - Indexing your planner
- 24:30 - Home Inventory
- 28:00 - Tips of the week